

# NEWS FROM THE HOUSE of SCOTLAND

“Sgeoil nan Taigh”: Scots-Gaelic for  
“News From The House”

Balboa Park, San Diego, California 92101

June 2011

## Highlights from the May Meeting:

**May Birthdays and Anniversaries:** Kit Brainard celebrated his birthday on May 1, and Cherie McGruer has a birthday on May 21. Kristi Keith's mother celebrated her 99<sup>th</sup> birthday on May 5.

**Prayers and Remembrances:** Thanks was offered for the safe return of those who eliminated Osama bin Laden. Our thoughts and prayers go out to those in Alabama who lost lives and homes to tornados and to anyone in the path of the flooding on the Mississippi River. A moment's silence was observed for those members of our military serving in harm's way.

**Pipe Band Report:** There was no pipe band report.

**HPR Report:** Jim Scrimgeour reports that there were no guest speakers at the HPR meeting. There are going to be Saturday lawn programs on the first Saturday of each month. Each cottage is required to pay \$10 towards each Saturday event. Our 75<sup>th</sup> Anniversary HPR pins were delivered by Jim. The pins can be sold to the public for \$5.00. House of Scotland members can acquire a pin for a minimum of \$2.50, although we would welcome any additional donation to House of Scotland up to the \$5.00 retail price. The HPR Ladies Auxiliary Mother's Day Luncheon is Wednesday, May 11, at 1:00 PM. The cost is \$9.00 and tickets must be purchased today.

**Old Business:** Steve moderates.

**Hosting:** Melissa reports that she needs hosts for May 15 and for **June 5**. The members did vote to close the House of Scotland on June 26 so that our members can attend the San Diego Highland Games. A letter will be sent to the HPR Corresponding Secretary detailing this closing.

## Upcoming events:

- The organ concert featuring Dr. Carol Williams playing the Spreckels Organ, the House of Scotland Pipe Band, the Finest City Brass Herald Trumpets, and the choir of St Paul's Cathedral, is Monday, June 20, at 7:30 P.M. It was suggested that we have a pot luck dinner on the cottage lawn and go to the concert as a group.
- San Diego Highland Games, Saturday, June 25, and Sunday, June 26. It's not too early to think about taking a turn hosting the House of Scotland tent at the games. Calling all "Clan Tent Cavaliers."

**Ceilidh Band:** David McSwain reports that the Ceilidh Band will be playing during the Food Fair. There will be no Mayfaire Market this year.

**Other Old Business:** Beth Connelly is holding a food handlers class in the Hall of Nations on Thursday, May 12. The cost is \$10.00. Members of House of Scotland will also be able to study the food handler's book on their own and take the exam before the 75<sup>th</sup> Anniversary event and before the Food Fair.

**New Business:** Steve moderates.

**Other New Business:** President Steve Knight brought us a printed copy of the history of the Braemar Caber, so that the members of the House can present a consistent version of the history to visitors while hosting.

David McSwain reports having seen a very funny movie called "Saving Grace" that he recommends to anyone looking for a movie to watch.

The meeting was adjourned at 12:15  
Respectfully submitted  
Dianne Schultz, Secretary



### Upcoming Events

**June 11** Peace Corps Cultural Celebration

**June 12** HOS Meeting, 11:30 am

**June 25 & 26** SD Highland Games

**July 4** Fourth of July parade (Coronado)

**July 10** HOS Meeting, 11:30 am

**Dec. 10** HOS Christmas Party

### Hosting

June 5 **OPEN**

June 12 David McSwain & Kathy Kough

June 19 Jim Scrimgeour & Gwenda Measel

June 26 Closed for the Highland Games

**If you can host, please call Melissa at (619) 206-6478 or send an email to: minipeaves@gmail.com.**



### HOS Pipe Band Calendar

**Monday June 20<sup>th</sup>:** Organ Pavilion Concert with Dr. Carol Williams.

**June 25<sup>th</sup> and 26<sup>th</sup>:** San Diego Highland Games

**Monday July 4<sup>th</sup>:** Coronado Parade.

**September 3<sup>rd</sup> and 4<sup>th</sup>:** Pleasanton Highland Games

**Saturday September 10<sup>th</sup>:** Poway Parade

**Saturday October 22<sup>nd</sup>:** Borrego Springs Parade (tentative)



### Gaelic Giggles

“When you go in there, “ said the temperance crusader outside the pub, “the devil goes with you.”

“Well, he’ll have to buy his own drink,” replied the drinker.

### Hearth of the Kitchen



#### Butterscotch

#### Ingredients:

1/2 cup brown sugar

1/4 cup butter

1/2 cup white sugar

1/2 cup water

2 teaspoons vinegar

1 pinch salt

1/2 teaspoon vanilla extract

#### Method:

1. Generously butter a 10x15 inch baking pan (with sides).
2. In a medium saucepan over medium heat, combine brown sugar, butter, white sugar, water, vinegar and salt. Cover and bring to a boil. Remove lid and heat, without stirring, to 270 to 290 degrees F (132 to 143 degrees C), or until a small amount of syrup dropped into cold water forms hard but pliable threads. Pour in vanilla, but do not stir. Remove from heat and pour into prepared pan. Let cool slightly before cutting into squares and allowing candy to cool completely.

**Nutrition facts:** Calories: **30** | Total Fat: **1.2g** | Cholesterol: **3mg** Powered by ESHA Nutrient Database

Recipe from <http://allrecipes.com/Recipe/butterscotch-candy/Detail.aspx>

#### House Officers

President: Steve Knight (760) 741-3909

1st VP: Danielle McGruer (619) 884-3928

2nd VP: Melissa Keith (619) 206-6478

Secretary: Dianne Schultz (760) 717-5108

Treasurer: Cherie McGruer (619) 425-3454

Trustees: Graham McGruer (619) 425-3454

Kristi Keith (858) 453-9640

James Logan (619) 252-3780

## Scotland in a word

What single word would you use to describe Scotland? When we recently put this question to you, the response was fantastic, with over 1,400 of you offering up your suggestions.

The most popular word by far was 'home' with a hundred of you describing Scotland in this way. Also popular were 'breathtaking', 'magical' and 'heaven'.

Some of you invented your own words to describe Scotland including 'whiskelicious', 'tartanic', 'kiltalicious' and 'McBrill'.

We also saw the inclusion of some good Scots words such as 'gallus', meaning self-confident and cheeky; 'stoater', meaning really exceptional; and 'braw' meaning very good.

Amongst the Gaelic words included were 'iongantach', meaning wonderful; 'breagha' meaning fine or splendid and 'gaisgeil', meaning heroic; and 'ainmeil' which means renowned or celebrated.

Many of you were inspired by Scotland's landscape and natural beauty with words such as 'bonnie', 'beautiful' and 'majestic'.

### Scotland in a word: 'GerardButlerland'?

Others made their appreciation of a certain Scottish movie star clear with 'GerardButlerland' and 'Gerard' cropping up amongst the list of words.

Some of you showed off your knowledge of unusual words including 'pulchritudinous' which means physically beautiful; and 'petrichor' which is a word used to describe the pleasant scent of rain after a dry spell.

However, quite a few of you simply described Scotland as 'perfect'.



In the end there could only be one first prize winner and this went to Lucie Brownson of Maryland, USA, for her choice of the word **'glorious'**.

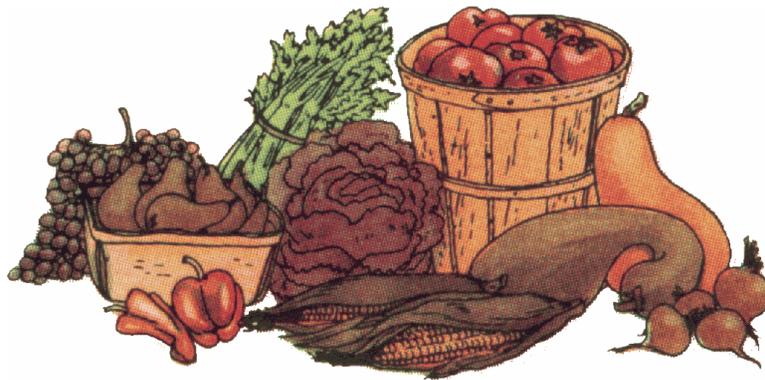
Second prize goes to Canadian Maureen Caldwell of Thunder Bay, Ontario. Maureen chose the original word **'zesty'**, meaning lively and energetic, to describe Scotland.

Three runner-up prizes go to: Tara Graybeal, of Washington USA, for her suggestion **'MacFabulous'**; Karen McRae of North Carolina, USA, for **'homeland'**; and Garry Jantzen, of Oregon, USA, for his chosen word of **'inviting'**.

The winners all receive a year's subscription to Scottish Field magazine plus a Scottish hamper containing a range of items from companies such as Deans, Arran Aromatics, Little Doone, Ness, Mackies of Aberdeen, Gillian Kyle and the Smithsonian Channel.

From:  
<http://www.scotland.org/features/item/scotland-in-a-word/>

# Scottish Produce



Chefs around the world are sourcing the best quality ingredients from Scotland, fusing them in exciting new ways to produce mouth watering modern cuisine from traditional ingredients.

When we stop to consider how rapidly Scotland's food production has grown in the last two decades, the figures alone are staggering: Scotland's booming food and drink industry generates over £7.5 billion per year for the country's economy, and accounts for 27 per cent manufacturing exports. The industry comprises in excess of 1500 companies, including famous global brands and small, speciality firms.

## **World class produce**

In the world of fruit and vegetables Scottish producers now grow 2,400 tonnes of raspberries and 4,600 tonnes of strawberries each year and over a million tonnes of potatoes. 900 million eggs are produced annually, 1,300 million litres of milk and there are more than two dozen cheese-makers across Scotland, ranging from the industrial cheddar creameries to much smaller-scale cheese producers. However, beef is now the single most important sector of Scottish agriculture, worth around £400 million a year: more than fruit, dairy and poultry combined!

## **Fish and shellfish**

The jewel in Scotland's crown is her fish with nearly 200 shellfish farming companies. Salmon farming is the most important economic development in the Highlands and Islands over the past 30 years, and the retail sales value of Scottish salmon is around £300 million per annum. Scotland is the world's third largest producer of Atlantic salmon and enjoys a reputation for quality fresh and added-value products such as smoked salmon.

## **Traditional Food**

Traditional Scottish foods like haggis, oats, heather honey and Scottish sweets like tablet (a brittle fudge) are still made in Scotland. Scottish oats are some of the best in the world and porridge is now universally recognised as a healthy food whether taken with a pinch of salt in the traditional Scottish way, or with sugar or a teaspoon of heather honey! Haggis is a Scottish delicacy but is eaten more widely than in the past and perhaps its the Burns Supper, now celebrated around the world which can be thanked for this widening of horizons. And as for Scottish tablet - who can resist?

From: <http://www.scotland.org/culture/food-and-drink/scottish-produce/>

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